

# Are you a Caregiver?

As of October 2020, the Recognizing and Supporting Family Caregivers Act amends various statutory provisions, guides the planning and implementation of actions with the goal of raising awareness of and recognizing the contribution of family caregivers (FCGs) and properly supporting these individuals.

## Caregiving: a responsibility shared with communities

The caregiver coordinator of the CISSS or CIUSSS in your region works in the community in conjunction with the regional development advisor of the L'Appui organization.

He or she also ensures ongoing, regular and appropriate interaction with the clinical divisions of his or her institution, regional partner organizations and caregivers. He or she informs, raises awareness, presents training and exchanges with the goal of finding solutions to improve services for FCGs.

## Four main services offered

- 1 Transfer of expertise, information, training and implementation of clinical tools related to caregivers;
- 2 Support and advice aimed at mobilizing partner departments, partner organizations and FCGs to update and comply with the measures in the regional action plan for family/informal caregivers;
- 3 Ad hoc consultation on the subject of family assistance with partner directorates, partner organizations and FCGs;
- 4 Networking activities aimed at promoting support and services to FCGs (events bringing together FCGs, partners' day, forums, thematic conferences, etc.).

Are you a caregiver and would you like to get involved so that the services offered to people like you are better known in your community?

Do you want to give your opinion and participate in exchanges to improve services for caregivers in your regions?

Do you want to raise the issues faced by caregivers of the Wolastoqiyik Wahsipekuk First Nation?

Do you want to know more?

Would you like to participate in your own way?

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